



# BAR LOUIE NUTRITIONAL GUIDE

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# APPS

All nutritional information represents one serving of each item, unless stated otherwise.

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Ahi Tuna Poke</b>	240	37	4	1	0	38	946	26	2	3	24	189	16	33	2
<b>Bavarian Pretzel Bites</b>	1175	410	46	13	0	66	3398	158	5	18	27	622	9	185	2
<b>BBQ Bone-In Wings</b>	800	445	49	13	0	190	1139	35	1	25	46	4663	5	52	3
<b>BBQ Bone-In Wings with Dipping Sauce Choice Blue Cheese Dressing</b>	1020	646	72	17	0	218	1354	38	1	28	48	4790	5	107	3
<b>BBQ Bone-In Wings with Dipping Sauce Choice Ranch Dressing</b>	1045	673	75	17	0	217	1528	39	1	28	48	4738	6	106	3
<b>BBQ Boneless Wings</b>	700	102	11	3	0	186	1476	61	2	27	78	4636	16	119	7
<b>BBQ Boneless Wings with Dipping Sauce Choice Blue Cheese Dressing</b>	920	303	34	7	0	214	1691	64	2	30	80	4763	16	173	8
<b>BBQ Boneless Wings with Dipping Sauce Choice Ranch Dressing</b>	945	330	37	7	0	213	1865	64	2	30	80	4711	16	173	8
<b>BBQ Combo Wings</b>	735	256	28	7	0	188	1762	48	1	26	62	4649	10	86	5
<b>BBQ Combo Wings with Dipping Sauce Choice Blue Cheese Dressing</b>	950	457	51	12	0	216	1977	51	1	29	64	4776	10	140	5
<b>BBQ Combo Wings with Dipping Sauce Choice Ranch Dressing</b>		483	54	11	0	215	2152	52	2	29	64	4724	11	140	5
<b>Blackened Fish Tacos</b>	490	67	7	2	0	65	1201	73	6	3	32	1012	17	308	4
<b>Buffalo Bone-In Wings</b>	715	468	52	16	0	207	3633	12	2	8	46	5931	6	59	3
<b>Buffalo Bone-In Wings w Dipping Sauce Choice Blue Cheese Dressing</b>	930	669	74	21	0	236	3848	15	2	11	48	6059	6	113	3
<b>Buffalo Bone-In Wings with Dipping Sauce Choice Ranch Dressing</b>	955	696	77	20	0	234	4022	16	2	11	48	6007	7	113	3
<b>Buffalo Boneless Wings</b>	645	162	18	7	0	203	3059	37	3	10	78	5905	17	125	8
<b>Buffalo Boneless Wings w Dipping Sauce Choice Blue Cheese Dressing</b>	865	363	40	11	0	232	3274	40	3	13	80	6032	17	180	8
<b>Buffalo Boneless Wings with Dipping Sauce Choice Ranch Dressing</b>	890	389	43	11	0	230	3449	40	3	13	79	5980	18	179	8
<b>Buffalo Combo Wings</b>	680	315	35	11	0	205	3346	24	2	9	62	5918	12	92	5
<b>Buffalo Combo Wings with Dipping Sauce Choice Blue Cheese Dressing</b>	895	516	57	16	0	234	3561	27	2	12	64	6045	12	146	5
<b>Buffalo Combo Wings with Dipping Sauce Choice Ranch Dressing</b>	920	542	60	16	0	232	3736	28	3	12	63	5993	12	146	5
<b>Cheese Quesadilla</b>	885	537	60	32	0	152	1879	55	5	4	38	2196	22	1157	4
<b>Chicken Nachos</b>	1485	699	78	34	0	272	3251	118	18	23	61	2567	38	604	7
<b>Chicken Nachos with Queso Sauce, Crew Size</b>	2630	1256	140	58	0	486	5721	203	32	39	110	4558	69	1024	13
<b>Chicken Quesadilla</b>	1050	626	70	33	0	226	2385	56	5	5	56	2486	26	1179	5
<b>Chipotle Chicken Tacos</b>	565	148	16	4	0	96	1423	73	5	4	29	971	19	293	5
<b>Crispy Potstickers</b>	735	349	39	11	0	70	2680	70	4	11	20	189	25	75	3
<b>Fried Calamari</b>	670	381	42	6	0	423	1527	40	2	7	32	1242	52	137	7
<b>Hummus Plate</b>	500	195	22	1	0	0	1195	60	11	13	15	14950	56	101	6



# APPS CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Jalapeno Honey Bone-In Wings	850	413	46	12	0	189	1809	59	2	52	46	4287	9	56	3
Jalapeno Honey Bone-In Wings with Dipping Sauce Choice Blue Cheese Dressing	1070	614	68	17	0	217	2025	62	2	55	48	4415	9	110	3
Jalapeno Honey Bone-In Wings with Dipping Sauce Choice Ranch Dressing	1095	640	71	16	0	216	2199	62	2	55	47	4363	9	110	3
Jalapeno Honey Boneless Wings	785	109	12	3	0	185	1236	83	3	54	78	4261	19	123	8
Jalapeno Honey Boneless Wings with Dipping Sauce Choice Blue Cheese Dressing	1005	310	34	7	0	213	1451	86	3	57	80	4388	20	177	8
Jalapeno Honey Boneless Wings with Dipping Sauce Choice Ranch Dressing	1030	336	37	7	0	212	1625	87	3	57	79	4336	20	177	8
Jalapeno Honey Combo Wings	810	259	29	7	0	187	1181	70	2	52	62	4196	14	86	5
Jalapeno Honey Combo Wings with Dipping Sauce Choice Blue Cheese Dressing	1025	460	51	12	0	215	1396	72	2	55	64	4323	14	141	5
Jalapeno Honey Combo Wings with Dipping Sauce Choice Ranch Dressing	1050	486	54	11	0	214	1571	73	2	55	63	4272	15	140	5
Loaded Fries	1305	752	84	37	0	208	3605	93	10	3	35	1938	49	613	7
Loaded Tater Tots	1230	789	88	47	13	222	3235	68	8	2	28	1889	55	560	5
Plain Bone-In Wings	645	440	49	12	0	189	216	3	1	1	45	4062	4	48	2
Plain Bone-In Wings with Dipping Sauce Choice Blue Cheese Dressing	865	641	71	17	0	217	431	6	1	4	47	4189	4	102	3
Plain Bone-In Wings with Dipping Sauce Choice Ranch Dressing	890	667	74	17	0	216	606	7	1	4	47	4138	5	102	3
Plain Boneless Wings	545	97	11	2	0	185	553	28	2	4	77	4035	15	114	7
Plain Boneless Wings with Dipping Sauce Choice Blue Cheese Dressing	760	298	33	7	0	213	768	31	2	7	79	4162	15	169	7
Plain Boneless Wings with Dipping Sauce Choice Ranch Dressing	785	324	36	7	0	212	943	32	2	7	79	4111	15	168	7
Plain Combo Wings	575	250	28	7	0	187	840	16	1	3	61	4049	9	81	5
Plain Combo Wings with Dipping Sauce Choice Blue Cheese Dressing	795	451	50	12	0	215	1055	19	1	6	63	4176	9	135	5
Plain Combo Wings with Dipping Sauce Choice Ranch Dressing	820	477	53	11	0	214	1229	19	1	6	63	4124	10	135	5
Roasted Cauliflower	360	261	29	16	0	63	2873	17	6	9	6	896	107	131	1
Shishito Peppers	240	133	15	2	0	0	956	17	1	10	5	17683	460	13	0
Spinach and Artichoke Dip	1040	490	54	25	0	155	1867	93	14	18	33	6682	4	670	6
Tater Tots	715	356	40	19	16	40	1562	74	8	0	8	15	37	3	6
Tempura Shrimp	750	355	39	7	0	261	3314	62	2	9	37	2505	20	98	10
Trio Dips and Chips	1125	463	51	17	0	88	2068	123	19	24	32	2359	32	310	6



# SOUPS & SALADS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Tortilla Soup, Bowl</b>	500	267	30	8	0	75	1893	36	8	10	23	2519	42	221	3
<b>Tortilla Soup, Cup</b>	250	133	15	4	0	38	946	18	4	5	11	1259	21	111	1
<b>Charred Lemon Caesar Salad</b>	350	254	28	6	0	28	721	17	5	5	8	9960	60	205	2
<b>Quinoa Chopped Salad</b>	420	200	22	4	0	1	819	40	8	12	11	11181	47	237	4
<b>Simple Greens Salad</b>	295	208	23	3	0	0	326	18	5	9	4	11343	52	138	2
<b>The Blue Wedge</b>	635	521	58	13	0	73	1470	18	3	12	13	1523	15	206	1
<b>Protein Add Ons for Salads with Crispy Chicken</b>	265	48	5	1	0	92	258	13	0	1	38	167	6	48	4
<b>Protein Add Ons for Salads with Grilled Chicken</b>	230	61	7	1	0	99	398	1	0	0	39	58	2	20	1
<b>Protein Add Ons for Salads with Grilled Salmon</b>	345	197	22	4	0	100	1251	2	1	1	34	173	7	27	1
<b>Protein Add Ons for Salads with Grilled Shrimp</b>	150	58	6	1	0	152	723	2	0	0	20	223	2	55	3

# BURGERS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>All Nighter Burger</b>	990	561	62	22	0	376	1947	55	2	29	50	829	1	235	4
<b>Bourbon BBQ Burger</b>	920	471	52	25	0	181	2345	59	2	21	47	1414	5	244	4
<b>Cheeseburger, Burger Night</b>	675	384	43	20	0	170	1286	29	2	2	45	968	5	364	4
<b>Gastroburger</b>	895	534	59	23	0	204	1754	33	2	3	53	762	6	306	5
<b>Gluten Free Bun</b>	230	63	7	1	0	0	320	38	5	3	4	0	0	20	1
<b>Louie's Choice Cheeseburger</b>	660	369	41	17	0	145	1277	31	2	4	40	972	6	220	4
<b>The Impossible Burger</b>	535	292	32	13	0	24	1070	38	5	3	24	551	5	208	5
<b>Triple Triple Burger</b>	765	475	53	20	0	148	1786	32	2	4	41	844	4	217	3
<b>Vegan Bun</b>	280	72	8	3	0	0	360	45	0	9	7	300	0	6	3



# SANDWICHES

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>BBQ Pulled Pork Sandwich</b>	755	295	33	11	0	154	2108	66	3	22	46	3251	59	66	5
<b>Cali Chicken Sandwich</b>	1005	480	53	15	0	166	2141	65	8	6	63	993	19	380	5
<b>Chicken Parm Sandwich</b>	1015	431	48	20	0	282	1845	67	3	6	71	2194	26	654	6
<b>Hot Honey Chicken Sandwich</b>	775	138	15	5	0	116	2066	106	4	53	48	870	17	108	7
<b>Hot Honey Chicken Sandwich with French Fries</b>	1035	240	27	8	0	116	2633	142	7	53	52	876	27	128	9
<b>Luigi Sandwich</b>	1130	528	59	18	0	168	3691	78	4	12	66	959	9	420	9
<b>Luigi Sandwich with French Fries</b>	1390	630	70	21	0	168	4224	114	8	12	70	960	19	438	10
<b>Turkey Club</b>	665	257	29	5	0	89	1977	62	3	9	41	678	10	118	4
<b>Vegan Bun</b>	280	72	8	3	0	0	360	45	0	9	7	300	0	6	3

# FLATBREADS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>BBQ Pork and Pine Flatbread (1 piece)</b>	85	27	3	1	0	9	183	10	0	3	4	112	1	36	0
<b>BBQ Pork and Pine Flatbread (12 pieces)</b>	1015	327	36	15	0	105	2194	119	3	34	44	1350	16	430	5
<b>Buffalo Chicken Flatbread (1 piece)</b>	80	38	4	1	0	11	236	7	0	1	3	145	0	39	0
<b>Buffalo Chicken Flatbread (12 pieces)</b>	950	460	51	18	0	131	2830	79	4	6	40	1743	5	462	5
<b>Pepperoni Flatbread (1 piece)</b>	80	43	5	2	0	9	169	6	0	0	3	177	2	46	0
<b>Pepperoni Flatbread (12 pieces)</b>	985	514	57	23	0	104	2032	77	4	4	36	2128	26	557	4
<b>Roasted Veggie Flatbread (1 piece) (F20)</b>	70	32	4	1	0	7	133	7	1	0	3	224	3	51	0
<b>Roasted Veggie Flatbread (12 pieces) (F20)</b>	855	386	43	17	0	81	1596	82	8	5	31	2689	36	613	6

# MAIN PLATES

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Drunken Fish and Chips</b>	1175	566	63	10	0	109	2934	110	7	7	41	458	40	84	9
<b>Seared Salmon</b>	635	400	44	12	0	130	1631	20	7	8	39	2002	113	94	2



## MAIN PLATES CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Voodoo Pasta	1115	725	81	28	0	314	1628	48	5	4	39	2689	85	210	6
Mac and Cheese	1335	936	104	58	0	383	1191	48	2	2	39	3544	4	1086	4
Mac and Cheese with Andouille Sausage	1505	1071	119	63	0	418	1721	49	2	2	46	3744	4	1086	4
Mac and Cheese with Bacon	1450	1026	114	62	0	404	1616	48	2	2	46	3544	4	1086	4
Mac and Cheese with Crispy Chicken	1865	1032	115	61	0	568	1707	73	3	5	116	3877	16	1183	11
Mac and Cheese with Pulled Chicken	1490	1009	112	60	0	456	1592	49	3	3	57	3683	7	1101	5
Mac and Cheese with Roasted Cauliflower Florets	1445	1012	112	62	0	398	1323	54	5	5	41	3761	57	1112	4
Mac and Cheese with Roasted Pork	1510	1008	112	61	0	456	1741	50	2	2	60	3945	16	1087	6
Mac and Cheese with Shrimp	1485	994	110	59	0	535	1440	50	3	2	59	3803	6	1144	6

## SIDES

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
French Fries, Small	260	103	11	3	0	0	566	36	3	0	4	6	10	20	2
Loaded Fries, Small	385	193	21	8	0	38	996	37	4	1	9	391	16	118	3
Loaded Tater Tots, Small	515	283	31	16	9	59	1276	42	5	1	10	393	26	100	3
Mac and Cheese	590	392	44	24	0	140	958	24	1	2	19	1333	0	488	1
Roasted Cauliflower	205	156	17	4	0	10	373	9	4	4	3	185	79	39	1
Side Salad	110	85	9	1	0	0	72	6	1	3	1	2568	10	30	1
Tater Tots, Small	300	148	16	8	7	17	651	31	3	0	3	6	15	1	2

## SLIDERS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Beef Sliders	910	478	53	20	0	165	1624	56	0	13	46	708	1	326	5
Salmon Sliders	715	322	36	11	0	128	1208	53	1	11	42	772	12	143	3



# SAUCES

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
BBQ Sauce	105	0	0	0	0	0	435	27	0	24	0	150	7	0	0
Buffalo Sauce	70	43	5	3	0	12	1671	6	1	4	0	1246	2	7	0
Honey Mustard	190	132	15	2	0	14	682	15	1	10	2	0	0	1	0
Marinara Sauce	40	27	3	0	0	0	189	3	1	1	1	663	7	24	0
Pico De Gallo	15	1	0	0	0	0	73	3	1	2	1	453	8	8	0
Queso Sauce	185	144	16	10	0	58	549	2	0	0	5	577	6	184	0
Salsa	10	1	0	0	0	0	212	2	1	1	0	654	9	17	0

# DESSERTS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Decadent Chocolate Cake	1370	658	73	38	0	144	962	162	10	113	16	961	7	147	9
Cinnamon Donuts with Maple Bourbon Dulce de Leche	1295	428	48	22	0	44	1074	195	3	149	13	186	0	168	4
Key Lime Bars	965	323	36	20	0	408	370	135	2	110	19	116	9	477	2

# COCKTAILS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Deep Eddy Vodka Dive In	65	0	0	0	0	0	0	5	0	4	0	0	0	0	0
Cucumber Gimlet	215	1	0	0	0	0	31	21	0	19	0	53	6	9	0
Dos Sauza Margarita	265	1	0	0	0	0	2	29	2	23	0	28	25	19	0
Dos Sauza Margarita with Salt Rim	265	1	0	0	0	0	592	29	2	23	0	28	25	19	0
Havana Classic Mojito	260	1	0	0	0	0	30	33	2	28	0	95	16	22	1
La Pasion Margarita	285	0	0	0	0	0	73	37	0	35	0	23	7	4	0
Lone Star Strawberry Lemonade	225	1	0	0	0	0	6	33	2	31	0	58	24	17	0
Strawberry Margarita	280	1	0	0	0	0	4	38	2	33	0	18	24	14	0
The New Old Fashioned	220	0	0	0	0	0	0	17	0	17	0	18	4	3	0



## COCKTAILS CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Me and Julio	200	1	0	0	0	0	1	17	0	10	0	50	25	9	0
Me and Julio with Salt Rim	200	1	0	0	0	0	591	17	0	10	0	50	25	9	0
Rye So Sour	240	0	0	0	0	0	0	26	0	24	0	73	21	8	0
Bourbon and Broadway	270	0	0	0	0	0	5	25	0	23	0	112	7	10	1
Hayden Berry	275	0	0	0	0	0	3	37	0	34	0	46	17	9	0
Passionate Mule	260	0	0	0	0	0	6	39	0	37	0	19	11	6	0
Super Pom Fizzie	180	0	0	0	0	0	11	23	0	20	0	43	10	8	0
Viva La Paloma	215	0	0	0	0	0	15	27	0	23	0	44	14	4	0
Cherry Bombay	235	0	0	0	0	0	1	29	0	27	0	3	7	2	0
Effen Good Martini	195	1	0	0	0	0	3	17	1	13	1	366	11	26	1
Funky Monkey Martini	285	0	0	0	0	0	0	40	0	37	0	6	14	7	0
Grand Lemon Drop Martini	235	0	0	0	0	0	0	33	1	27	0	7	17	7	0
Louie's Cosmo Martini	235	0	0	0	0	0	5	22	0	20	0	10	19	8	0
Main Squeeze	210	0	0	0	0	0	0	29	1	26	0	49	24	10	0
Rat Pack Gin Martini	215	9	1	0	0	0	150	2	0	0	0	0	0	0	0
Rat Pack Martini	200	9	1	0	0	0	150	2	0	0	0	0	0	0	0
Rat Pack Vodka Martini	190	9	1	0	0	0	150	2	0	0	0	0	0	0	0
The Clover Martini	190	0	0	0	0	0	0	22	0	20	0	20	19	7	0
The Dirty Martini	210	35	4	1	0	3	1300	1	0	0	1	32	0	16	0
Diva Martini	220	1	0	0	0	0	0	25	0	22	0	70	14	7	0
Main Squeeze	210	0	0	0	0	0	0	29	1	26	0	49	24	10	0

## SANGRIA

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Pineapple Express Sangria	320	1	0	0	0	0	1	39	1	34	0	97	31	15	0
Pineapple Express Sangria, Pitcher (1 pitcher)	940	2	0	0	0	0	3	112	2	97	1	268	78	39	1
Strawberry Lemonade Sangria	230	2	0	0	0	0	4	26	2	20	1	15	46	30	0
Strawberry Lemonade Sangria, Pitcher (1 pitcher)	670	4	0	0	0	0	12	75	7	58	2	42	117	84	1





# WINE

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Cabernet Sauvignon (6 fluid ounces)	150	0	0	0	0	0	0	5	0	0	0	0	0	0	0
Cabernet Sauvignon (750 milliliters)	625	0	0	0	0	0	0	19	0	0	1	0	0	0	0
Chardonnay Wine (6 fluid ounces)	130	0	0	0	0	0	6	7	0	3	0	0	0	0	0
Chardonnay Wine (750 milliliters)	560	0	0	0	0	0	25	30	0	12	0	0	0	0	0
Merlot Wine (6 fluid ounces)	150	0	0	0	0	0	7	4	0	1	0	0	0	14	1
Merlot Wine (750 milliliters)	625	0	0	0	0	0	30	19	0	5	1	0	0	61	3
Moscato Wine (6 fluid ounces)	150	0	0	0	0	0	0	9	0	0	0	0	0	0	0
Moscato Wine (750 milliliters)	630	0	0	0	0	0	0	40	0	0	1	0	0	0	0
Pinot Grigio (6 fluid ounces)	150	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Pinot Grigio (750 milliliters)	625	0	0	0	0	0	0	15	0	0	1	0	0	0	0
Pinot Noir (6 fluid ounces)	145	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Pinot Noir (750 milliliters)	620	0	0	0	0	0	0	17	0	0	1	0	0	0	0
Prosecco (6 fluid ounces)	155	0	0	0	0	0	0	5	0	0	0	0	0	0	0
Prosecco (750 milliliters)	660	0	0	0	0	0	0	20	0	0	0	0	0	0	0
Prosecco Rose (6 fluid ounces)	125	0	0	0	0	0	6	2	0	2	0	0	0	0	0
Prosecco Rose (750 milliliters)	535	0	0	0	0	0	25	11	0	11	0	0	0	0	0
Red Blend (6 fluid ounces)	150	0	0	0	0	0	7	5	0	1	0	0	0	14	1
Red Blend (750 milliliters)	635	0	0	0	0	0	30	19	0	5	1	0	0	61	3
Rose Wine (5 fluid ounces)	105	0	0	0	0	0	5	2	0	2	0	0	0	0	0
Rose Wine (6 fluid ounces)	125	0	0	0	0	0	6	2	0	2	0	0	0	0	0
Rose Wine (750 milliliters)	535	0	0	0	0	0	25	11	0	11	0	0	0	0	0
Sauvignon Blanc (5 fluid ounces)	120	0	0	0	0	0	0	3	0	0	0	0	0	0	0
Sauvignon Blanc (6 fluid ounces)	145	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Sauvignon Blanc (750 milliliters)	615	0	0	0	0	0	0	15	0	0	1	0	0	0	0
Sparkling Wine (5 fluid ounces)	130	0	0	0	0	0	0	6	0	2	0	0	0	0	0
Sparkling Wine (6 fluid ounces)	155	0	0	0	0	0	0	7	0	2	0	0	0	0	0
Sparkling Wine (750 milliliters)	660	0	0	0	0	0	0	30	0	10	0	0	0	0	0
Babe Grigio with Bubbles	205														
Babe Rose with Bubbles	205														



# BEER & SELTZERS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Amstel Light, 12. oz Bottle	95	0	0	0	0	0	18	5	0	0	1	0	0	0	0
Angry Orchard Crisp Apple Cider, 16 oz. Glass	260	0	0	0	0	0	0	36	0	27	0	0	0	0	0
Blue Moon Belgian White, 16 oz. Glass	190	0	0	0	0	0	9	15	0	0	2	0	0	0	0
Bud Light, 16 oz. Glass	170	0	0	0	0	0	11	12	0	0	2	0	0	0	0
Budweiser, 12. oz Bottle	145	0	0	0	0	0	9	11	0	0	1	0	0	0	0
Coors Light, 16 oz. Glass	120	0	0	0	0	0	12	6	0	1	1	0	0	0	0
Corona Extra, 12. oz Bottle	150	0	0	0	0	0	0	14	0	0	0	0	0	0	0
Corona Premier, 12. oz Bottle	90	0	0	0	0	0	0	3	0	0	0	0	0	0	0
Dos Equis Lager, 16 oz. Glass	155	0	0	0	0	0	37	13	0	4	1	0	0	0	0
Guinness Irish Stout, 16 oz Glass	205	0	0	0	0	0	0	16	0	0	0	0	0	0	0
Heineken, 12. oz Bottle	140	0	0	0	0	0	9	11	0	2	2	0	0	0	0
Heineken 0.0, 12. oz Bottle	70	0	0	0	0	0	0	14	0	0	0	0	0	0	0
"High Noon Watermelon Hard Seltzer", 12 oz. Can	100	0	0	0	0	0	0	5	0	3	0	0	0	0	0
Lagunitas IPA, 16 oz. Glass	300	0	0	0	0	0	21	25	0	0	4	0	0	0	0
Leinenkugel Summer Shandy, 16 oz. Glass	160	0	0	0	0	0	12	15	0	0	2	0	0	0	0
Michelob Ultra, 16 oz. Glass	110	0	0	0	0	0	11	3	0	0	1	0	0	0	0
Michelob Ultra Gold, 12. oz Bottle	85	0	0	0	0	0	0	3	0	0	0	0	0	0	0
Miller Lite, 16 oz. Glass	110	0	0	0	0	0	6	4	0	0	0	0	0	0	0
Modelo Especial, 16 oz. Glass	140	0	0	0	0	0	0	13	0	0	1	0	0	0	0
Pabst Blue Ribbon	190	0	0	0	0	0	15	16	0	5	0	0	0	0	0
Pacifico, 12 oz. Can	145	0	0	0	0	0	0	18	0	1	0	0	0	0	0
Sierra Nevada Hazy Little Thing IPA, 16 oz. Glass	250	0	0	0	0	0	0	24	0	0	0	0	0	0	0
Stella Artois, 16 oz. Glass	175	0	0	0	0	0	20	14	0	0	0	0	0	0	0
"Truly Wild Berry Hard Seltzer," 16 oz. Glass	65	0	0	0	0	0	0	1	0	1	0	0	0	0	0
Truly Cans, 12 oz. Can	100	0	0	0	0	0	0	2	0	1	0	0	0	0	0
"Whie Claw Mango Hard Seltzer", 12 oz. Can	100	0	0	0	0	0	0	2	0	2	0	0	0	0	0



# NON-ALCOHOLIC DRINKS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Black Cherry Lemonade	215	0	0	0	0	0	47	54	1	53	0	21	8	8	0
Black Cherry Tea	105	0	0	0	0	0	6	25	1	23	0	21	8	13	0
Blackberry Lemonade	215	0	0	0	0	0	47	55	1	53	0	21	8	8	0
Blackberry Tea	105	0	0	0	0	0	6	26	1	23	0	21	8	13	0
Coca Cola	150	0	0	0	0	0	9	41	0	41	0	0	0	0	0
Diet Coke	0	0	0	0	0	0	15	0	0	0	0	0	0	0	0
Dr Pepper	165	0	0	0	0	0	53	41	0	41	0	0	0	0	0
Minute Maid Lemonade	145	0	0	0	0	0	62	39	0	39	0	0	0	0	0
Mr Pibb	145	0	0	0	0	0	21	39	0	39	0	0	0	0	0
Passion Fruit Lemonade	215	0	0	0	0	0	52	54	1	54	0	21	8	8	0
Passion Fruit Tea	105	0	0	0	0	0	11	25	1	24	0	21	8	13	0
Passionate Mule	260	0	0	0	0	0	6	39	0	37	0	19	11	6	0
Peach Lemonade	215	0	0	0	0	0	47	55	1	54	0	21	8	8	0
Red Bull	155	0	0	0	0	0	143	40	0	39	0	0	0	0	0
Seagrams Ginger Ale	135	0	0	0	0	0	45	36	0	36	0	0	0	0	0
Sprite	145	0	0	0	0	0	33	39	0	39	0	0	0	0	0
Strawberry Lemonade	225	0	0	0	0	0	52	57	2	57	0	21	8	8	0
Strawberry Peach Bellini	350	0	0	0	0	0	0	55	0	52	0	1	4	1	0
Strawberry Tea	115	0	0	0	0	0	11	28	2	27	0	21	8	13	0
Sugar Free Red Bull	15	0	0	0	0	0	143	4	0	0	0	0	0	0	0
Sweet Peach Tea	85	1	0	0	0	0	6	21	1	20	0	6	22	20	0
Cherry Vanilla Fizz	225	0	0	0	0	0	0	56	0	54	0	0	0	0	0
Hibiscus Blossom Cooler	120	1	0	0	0	0	7	30	0	30	0	0	0	6	0

# BRUNCH

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Avocado Toast	510	287	32	5	0	212	867	44	9	8	14	4828	35	118	4
The Bullseye	1140	589	65	24	0	383	1671	89	7	8	44	1660	54	315	7
Breakfast Burrito	1120	676	75	36	0	470	3991	62	5	7	49	3258	33	1116	6
Breakfast Burrito Loco	1170	657	73	26	0	388	3414	87	6	6	38	1818	14	716	7
The Southern Clucker	1645	699	78	28	0	676	1540	161	7	80	69	1684	44	223	12
Granola, Fruit and Yogurt	340	48	5	2	0	15	198	61	3	47	12	166	21	364	1
Bacon & Egg Flatbread (1 piece)	85	44	5	2	0	32	140	6	0	0	4	95	0	50	0



# BRUNCH CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Bacon &amp; Egg Flatbread (12 pieces)</b>	1015	530	59	21	0	382	1683	76	3	4	43	1139	2	601	5
<b>Impossible Breakfast Tacos</b>	785	227	25	9	0	296	1600	108	11	7	29	1114	47	438	9
<b>Louie's Breakfast</b>	690	338	38	11	0	486	1294	55	5	4	31	805	34	117	5
<b>Louie's Breakfast with Toast Spread Choice Grape Jelly</b>	725	338	38	11	0	486	1299	64	5	12	31	805	34	117	5
<b>Louie's Breakfast with Toast Spread Choice Mixed Fruit Jelly</b>	725	338	38	11	0	486	1294	65	5	13	31	805	34	117	5
<b>Louie's Breakfast with Toast Spread Choice Strawberry Jam</b>	725	338	38	11	0	486	1294	64	5	12	31	805	34	117	5
<b>Ragin' Hangover Helper</b>	1240	784	87	41	14	187	2876	76	10	6	24	2453	123	334	6
<b>Hangover Helper</b>	825	507	56	21	0	511	1921	46	4	6	25	2432	91	355	8
<b>Harvest Omelet</b>	525	269	30	9	0	314	783	41	5	9	22	5187	59	327	4
<b>Wild West Omelet</b>	625	339	38	16	0	387	1319	34	2	5	37	1189	25	513	3
<b>Spicy Biscuit and Gravy</b>	1465	749	83	45	0	133	3563	137	5	14	29	1811	36	211	6
<b>Roma Frittata</b>	535	269	30	13	0	625	737	33	2	7	30	2045	13	343	4
<b>Roma Frittata with Toast Spread, Choice Grape Jelly</b>	570	269	30	13	0	625	742	43	2	15	30	2045	13	343	4
<b>Roma Frittata with Toast Spread, Choice Mixed Fruit Jelly</b>	570	269	30	13	0	625	737	43	2	15	30	2045	13	343	4
<b>Roma Frittata with Toast Spread, Choice Strawberry Jam</b>	570	269	30	13	0	625	737	43	2	15	30	2045	13	343	4
<b>Side Egg</b>	115	87	10	2	0	212	140	0	0	0	6	245	0	26	1
<b>Side of Bacon</b>	115	89	10	4	0	21	425	0	0	0	7	0	0	0	0
<b>Side of Breakfast Potatoes</b>	150	33	4	1	0	0	47	27	4	2	3	16	34	16	1
<b>Side of Sausage</b>	175	101	11	2	0	64	1024	3	0	1	14	0	0	17	1
<b>Side of Toast</b>	390	153	17	8	0	32	904	52	4	2	10	600	0	0	3
<b>Side of Toast with Toast Spread Choice Grape Jelly</b>	460	153	17	8	0	32	914	70	4	18	10	600	0	0	3
<b>Side of Toast with Toast Spread Choice Mixed Fruit Jelly</b>	460	153	17	8	0	32	904	70	4	19	10	600	0	0	3
<b>Side of Toast with Toast Spread Choice Strawberry Jam</b>	460	153	17	8	0	32	904	70	4	18	10	600	0	0	3
<b>Southern Chicken and Biscuit</b>	1490	600	67	33	0	593	2220	143	6	53	72	1504	45	191	12
<b>Red Eye Eggs Eggs</b>	635	363	40	14	0	456	1263	42	3	6	23	2486	26	310	5
<b>The Double B&amp;E Sandwich</b>	785	435	48	16	0	482	1032	57	5	6	30	1012	35	244	4



# BRUNCH DRINKS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Brunch Bloody Mary</b>	110	0	0	0	0	0	800	6	0	4	1	500	15	25	0
<b>Brunch Mimosa</b>	165	2	0	0	0	0	1	19	1	13	1	270	67	19	0
<b>Mimosa Sangria, Glass</b>	210	1	0	0	0	0	1	15	1	8	1	149	50	31	0
<b>Mimosa Sangria, Pitcher</b>	595	2	0	0	0	0	3	39	3	20	2	316	118	72	0
<b>Mimosa, Pitcher</b>	1320	2	0	0	0	0	1	68	2	51	3	176	161	69	0
<b>Strawberry Peach Bellini</b>	235	0	0	0	0	0	1	26	0	25	0	1	13	5	0
<b>Toasted Dubliner</b>	540	249	28	16	0	100	25	44	0	42	1	800	0	83	0
<b>Fizzy Lizzy</b>	230	0	0	0	0	0	0	25	0	23	0	4	13	3	0
<b>Express Yourself Martini</b>	360	108	12	7	0	50	0	20	0	19	0	400	0	40	0
<b>Kickin' Bloody Mary (NEW)</b>	375	97	11	4	0	23	1790	26	2	19	10	986	29	206	1
<b>The Star Martini</b>	305	0	0	0	0	0	3	28	0	23	0	70	14	7	0
<b>Sangria Roja, Glass</b>	285	1	0	0	0	0	1	31	2	25	1	176	48	32	0
<b>Sangria Roja, Pitcher</b>	850	3	0	0	0	0	4	92	5	76	2	528	145	95	0

# KIDS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Kids Alfredo Noodles</b>	590	358	40	21	0	142	196	38	2	1	9	1092	0	178	3
<b>Kids Burgers</b>	640	299	33	13	0	105	1236	52	2	5	31	364	6	221	5
<b>Kids Cheese Flatbread (1 piece)</b>	45	16	2	1	0	4	79	5	0	0	2	83	0	33	0
<b>Kids Cheese Flatbread (8 pieces)</b>	340	129	14	7	0	29	629	37	2	1	14	667	4	264	2
<b>Kids Cheese Quesadilla</b>	670	378	42	25	0	120	1530	46	2	1	35	1200	0	1100	2
<b>Kids Chicken Fingers</b>	515	107	12	3	0	84	1474	61	3	17	39	1467	16	60	7
<b>Kids Chicken Quesadilla</b>	845	471	52	27	0	194	1931	48	2	2	53	1340	3	1114	3
<b>Kids Chocolate Sundae</b>	310	131	15	9	0	42	100	41	1	33	4	266	0	140	1
<b>Kids Grilled Cheese</b>	835	332	37	18	0	80	2020	89	4	18	30	2404	6	692	4
<b>Kids Mac N Cheese</b>	1130	763	85	46	0	274	1824	44	2	5	36	2592	0	938	3
<b>Kids Marinara Noodles</b>	285	75	8	1	0	0	378	41	4	2	8	1325	14	48	3
<b>Kids Mini Cheeseburgers</b>	715	300	33	13	0	100	1998	68	2	21	31	1666	6	223	5



## KIDS CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Kids Noodles	205	20	2	0	0	0	0	36	2	0	7	0	0	0	2
Kids Noodles with Alfredo Sauce	495	246	27	14	0	95	235	41	2	2	13	780	1	267	2
Kids Noodles with Butter	405	221	25	5	7	0	182	36	2	0	7	1012	0	0	2
Kids Noodles with Kids Marinara Sauce	305	48	5	0	0	0	949	55	3	17	7	1863	7	24	3
Kids Pepperoni Flatbread (1 piece)	50	24	3	1	0	6	108	5	0	0	2	83	0	33	0
Kids Pepperoni Flatbread (8 pieces)	410	188	21	10	0	47	867	37	2	1	17	667	4	264	2
Kids Pizza (1 slice)	45	16	2	1	0	4	79	5	0	0	2	83	0	33	0
Kids Pizza (1 slice) with Pepperoni	50	22	2	1	0	5	101	5	0	0	2	83	0	33	0
Kids Pizza (8 slices)	340	129	14	7	0	29	629	37	2	1	14	667	4	264	2
Kids Pizza (8 slices) with Pepperoni	395	173	19	9	0	42	808	37	2	1	16	667	4	264	2
Kids Sundae	185	98	11	8	0	25	63	21	0	15	2	200	0	81	0
Kids Sundae with Caramel Sauce	310	102	11	8	0	25	138	51	0	37	2	200	0	81	0
Kids Sundae with Chocolate Syrup	275	98	11	8	0	25	83	43	0	35	2	200	0	81	1

## PLATTERS

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Buffalo Chicken Flatbread (12 pieces)	950	460	51	18	0	131	2830	79	4	6	40	1743	5	462	5
Buffalo Combo Wings Platter	605	402	45	11	0	134	2019	16	1	8	33	3075	6	108	3
Buffalo Combo Wings Platter (8 servings)	4825	3217	357	86	0	1074	16148	128	11	63	264	24598	50	862	22
Cheese Quesadilla Platter	410	241	27	14	0	67	951	27	3	2	19	987	12	571	2
Cheese Quesadilla Platter (8 servings)	3280	1932	215	114	0	538	7611	218	20	16	150	7894	95	4571	13
Chicken Quesadilla Platter	495	288	32	15	0	104	1152	28	3	2	28	1057	14	578	2
Chicken Quesadilla Platter (8 servings)	3980	2305	256	121	0	833	9215	225	22	18	221	8452	108	4628	17
Chips and Dip Platter	350	113	13	3	0	13	1038	47	7	10	9	671	13	26	3
Chips and Dip Platter (8 servings)	2795	904	100	26	0	103	8307	374	58	77	69	5366	104	208	28
Extra Avocado Cream	45	34	4	1	0	6	42	2	1	0	1	105	2	9	0



# PLATTERS CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Extra Avocado Cream (8 servings)	350	271	30	12	0	52	337	14	8	4	5	838	18	70	1
Extra Blue Cheese Dressing	125	115	13	3	0	16	123	2	0	2	1	73	0	31	0
Extra Blue Cheese Dressing (8 servings)	995	918	102	21	0	130	984	14	0	13	9	581	1	248	0
Extra Caesar Dressing	135	117	13	3	0	15	378	3	0	1	2	17	0	31	0
Extra Caesar Dressing (8 servings)	1075	938	104	20	0	120	3026	24	0	7	14	137	2	248	0
Extra Carrots and Celery	5	0	0	0	0	0	19	1	1	1	0	1851	1	9	0
Extra Carrots and Celery (8 servings)	55	4	0	0	0	0	149	12	4	6	2	14808	8	73	0
Extra Grilled Chicken	115	31	3	1	0	49	199	0	0	0	20	29	1	10	1
Extra Grilled Chicken (8 servings)	930	245	27	5	0	395	1593	2	1	1	157	230	8	82	5
Extra Pico de Gallo	5	1	0	0	0	0	37	1	0	1	0	226	4	4	0
Extra Pico de Gallo (8 servings)	55	4	0	0	0	0	292	11	3	6	2	1811	33	33	1
Extra Salsa Verde	10	0	0	0	0	0	310	2	0	0	0	4	0	0	1
Extra Salsa Verde (8 servings)	90	0	0	0	0	0	2481	18	0	1	0	34	1	2	6
Extra Smoked Onion Ranch Dressing	140	130	14	2	0	15	223	2	0	2	1	43	0	31	0
Extra Smoked Onion Ranch Dressing (8 servings)	1110	1039	115	19	0	123	1781	17	1	13	7	345	3	247	0
Hot Chicken Sliders Platter	340	62	7	2	0	45	847	47	1	17	19	324	5	59	4
Hot Chicken Sliders Platter (8 servings)	2715	499	55	18	0	363	6775	372	7	133	156	2595	43	469	29
Jalapeno Honey Bone In Wings Platter	690	451	50	11	0	126	1250	33	1	29	25	2259	5	90	2
Jalapeno Honey Bone In Wings Platter (8 servings)	5505	3610	401	88	0	1008	10002	265	10	234	200	18076	38	719	12
Jalapeno Honey Boneless Wings Platter	655	298	33	6	0	124	963	46	2	30	41	2246	10	123	4
Jalapeno Honey Boneless Wings Platter (8 servings)	5240	2383	265	50	0	992	7707	364	12	243	327	17968	82	985	31
Jalapeno Honey Combo Wings Platter	670	375	42	9	0	125	1107	39	1	30	33	2253	7	107	3
Jalapeno Honey Combo Wings Platter (8 servings)	5375	2996	333	69	0	1000	8855	315	11	238	264	18022	60	852	22
Lemon Caesar Salad Platter	120	93	10	2	0	9	236	5	1	2	2	2493	16	55	0
Lemon Caesar Salad Platter (8 servings)	970	743	83	16	0	70	1887	40	9	13	18	19941	129	442	4
Lemon Caesar Salad with Grilled Chicken Platter	235	124	14	3	0	58	435	5	1	2	22	2521	17	66	1



## PLATTERS CONTINUED

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Lemon Caesar Salad with Grilled Chicken Platter (8 servings)	1895	988	110	21	0	465	3479	43	10	14	176	20172	137	524	9
Mac and Cheese Platter	670	468	52	29	0	191	595	24	1	1	19	1746	2	543	2
Mac and Cheese Platter (8 servings)	5345	3745	416	234	1	1531	4763	191	9	8	156	13965	12	4343	15
Pepperoni Flatbread (1 piece)	80	43	5	2	0	9	169	6	0	0	3	177	2	46	0
Pepperoni Flatbread (12 pieces)	985	514	57	23	0	104	2032	77	4	4	36	2128	26	557	4
Roasted Veggie Flatbread (1 piece)	70	32	4	1	0	7	127	7	1	0	3	219	2	51	0
Roasted Veggie Flatbread (12 pieces)	860	389	43	17	0	81	1522	83	8	6	31	2623	29	609	6

## SPECIAL MENU - TACO TRUCK

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Shrimp Quesadilla	1110	679	75	34	0	304	2027	56	5	4	59	2375	24	1209	6
Steak Quesadilla	1080	620	69	35	0	212	2336	59	5	5	61	2196	22	1157	6
Buffalo Chicken Tacos, Three	860	353	39	10	2	130	3135	73	3	10	49	2065	42	598	6
Buffalo Chicken Tacos, Two	620	257	29	8	1	99	2688	51	2	8	36	1842	29	418	4
Cheesesteak Tacos, Three	630	230	26	9	2	81	2146	61	2	7	35	1703	118	627	3
Cheesesteak Tacos, Two, Plating	430	181	20	8	1	65	1245	38	2	4	21	1295	82	404	2
Fish and Chips Tacos	725	350	39	7	0	49	1733	73	4	8	20	549	39	97	6
Fried Shrimp Tacos, Three	690	252	28	5	2	134	1650	80	4	7	26	746	46	548	4
Grilled Shrimp Tacos, Three	690	350	39	7	2	169	1142	54	3	6	28	723	38	551	3
Lobster Tacos	355	140	16	2	1	56	914	32	1	1	18	200	11	363	0
Nashville Hot Cauliflower Tacos, Three	440	166	18	3	2	8	1683	55	5	6	10	270	81	530	1





# SPECIAL MENU - SPI FOOD

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Shrimp Quesadilla</b>	1110	679	75	34	0	304	2027	56	5	4	59	2375	24	1209	6
<b>Steak Quesadilla</b>	1080	620	69	35	0	212	2336	59	5	5	61	2196	22	1157	6

# SPECIAL MENU - SPI BEV

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (iu)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
<b>Frozen Diva Rita, 14 oz</b>	395	1	0	0	0	0	5	44	0	38	0	72	25	15	0
<b>Frozen Diva Rita, 14 oz with Espolon Reposado Tequila</b>	475	1	0	0	0	0	5	44	0	38	0	72	25	15	0
<b>Frozen Diva Rita, 14 oz with Grand Marnier</b>	500	1	0	0	0	0	6	52	0	38	0	72	25	15	0
<b>Frozen Diva Rita, 20 oz</b>	560	1	0	0	0	0	8	62	0	54	0	98	33	20	0
<b>Frozen Diva Rita, 20 oz with Espolon Reposado Tequila</b>	640	1	0	0	0	0	8	62	0	54	0	98	33	20	0
<b>Frozen Diva Rita, 20 oz with Grand Marnier</b>	665	1	0	0	0	0	8	70	0	54	0	98	33	20	0
<b>Frozen Diva, 14 oz</b>	455	1	0	0	0	0	5	47	0	42	0	115	21	15	0
<b>Frozen Diva, 14 oz with Espolon Reposado Tequila</b>	535	1	0	0	0	0	5	47	0	42	0	115	21	15	0
<b>Frozen Diva, 14 oz with Grand Marnier</b>	560	1	0	0	0	0	5	55	0	42	0	115	21	15	0
<b>Frozen Diva, 20 oz</b>	645	2	0	0	0	0	6	67	0	59	0	161	27	20	0
<b>Frozen Diva, 20 oz with Espolon Reposado Tequila</b>	730	2	0	0	0	0	6	67	0	59	0	161	27	20	0
<b>Frozen Diva, 20 oz with Grand Marnier</b>	750	2	0	0	0	0	7	75	0	59	0	161	27	20	0
<b>Frozen Iceberg</b>	195	0	0	0	0	0	1	19	0	5	0	2	3	1	0
<b>Frozen Margarita, 14 oz</b>	325	0	0	0	0	0	6	38	0	34	0	17	23	11	0
<b>Frozen Margarita, 14 oz with Espolon Reposado Tequila</b>	405	0	0	0	0	0	6	38	0	34	0	17	23	11	0
<b>Frozen Margarita, 14 oz with Grand Marnier</b>	430	0	0	0	0	0	6	46	0	34	0	17	23	11	0
<b>Frozen Margarita, 20 oz</b>	465	0	0	0	0	0	9	54	0	48	0	23	31	15	0
<b>Frozen Margarita, 20 oz with Espolon Reposado Tequila</b>	545	0	0	0	0	0	9	54	0	48	0	23	31	15	0